June 2025

Monthly Newsletter

As we step into the season of longer days and brighter skies, it's the perfect time to lighten up your energy, soak in some spiritual sunshine, and rekindle the fire within. So grab your sunglasses, open your heart, and get ready to shine a little brighter than yesterday.

Embracing the Light:

Summer Solstice & Your Spiritual Growth

As the sun reaches its highest point in the sky, we welcome the Summer Solstice—a sacred turning point in the Wheel of the Year. Occurring between June 20th and 21st, this is the longest day…

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This Month's Benevolent Being

Archangel Zadkiel

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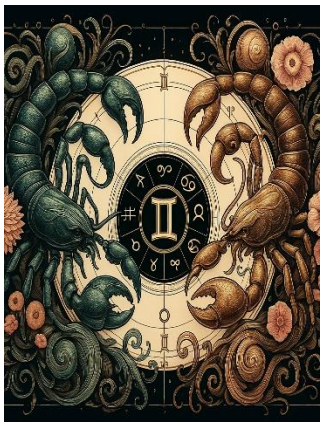

An Astrological Overview

Gemini and Cancer

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Secrets of Healing Blog

Stay Tuned for Upcoming Blogs

Our Blogs are great for exploring the deeper connections between the cosmos, spirituality, and personal transformation. We share our personal insights on astrology, holistic healing, and the energetic shifts that shape our lives. Whether you're seeking guidance, inspiration, or a deeper understanding of the universe's rhythm, you'll find reflections and wisdom to support your journey.

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Online Classes & Workshops

Stay Tuned for New & Free Upcoming Classes

The First Free Class is Here! We'll be offering a mix of paid and free classes designed to support your spiritual growth, healing, and transformation. Whether you're looking to deepen your practice, explore new techniques, or simply reconnect with yourself, there will be something for everyone.

SEE CLASSES

Secrets of Healing
Upcoming Classes and Workshops

Please remember to check our Calendar as we Add and Update all month long.

VIEW OUR CALENDAR

As we bask in the golden glow of the Solstice season, may you find the clarity to illuminate what truly matters, and the courage to cast your shadows to the light. Whether you're dancing barefoot under the stars, journaling your next soul-led adventure, or simply taking a moment to just be, remember: you are the light you've been waiting for. Stay sunny, stay grounded, and above all—don't let anyone dim your sparkle.

Until next time, Stay lit from within.

Embracing the Light

The Spiritual Power of the Summer Solstice

As the sun reaches its highest point in the sky, we welcome the Summer Solstice—a sacred turning point in the Wheel of the Year. Occurring between June 20th and 21st, this is the longest day and shortest night, a time when light triumphs and life is in full bloom. For spiritual seekers, the solstice is more than a seasonal event—it's a cosmic invitation to awaken, realign, and receive illumination from the Divine.

🔥 What the Solstice Represents Spiritually

The Summer Solstice is a portal of heightened energy, marking the peak of solar power, creative fire, and inner radiance. It’s a time to:

Celebrate how far you’ve come since the start of the year

Step fully into your purpose and gifts

Release what dims your light

Reclaim joy, vitality, and self-expression

Many ancient cultures honored this day with fire festivals, sun ceremonies, and gratitude for the abundance of the Earth. Today, we carry on that wisdom by tuning into our own inner sun—our soul—and asking: Where am I ready to shine brighter?

🌞 A Ritual to Welcome the Solstice Light

This simple ritual can help you harness the high vibration of the solstice:

1. Sacred Space: Light a candle (preferably gold, yellow, or orange). Sit outside or near a window to feel the sun’s presence.

2. Breath of Light: Take three deep breaths and imagine breathing in solar light through your crown, filling your entire being with golden energy.

3. Reflection: Ask yourself:

   What have I cultivated since the start of this year?

   What limiting belief or fear am I ready to release into the light?

   What does my soul want to create this summer?

4. Release & Intention: Write what you're letting go of and safely burn the paper. Then speak aloud your intention for the second half of the year.

☼ Chakra Focus: Solar Plexus Activation

The solar plexus chakra (located just above the navel) is your personal sun. It governs confidence, willpower, and identity. During the Solstice, take time to:

- Place a citrine or tiger's eye crystal on this chakra
- Visualize a golden sun spinning there, growing larger with each breath
- Affirm: "I am radiant, powerful, and worthy of joy."

💬 Journal Prompts for the Solstice Gateway

- What version of myself am I being called to embody now?
- How can I live more aligned with my light and truth?
- Where in my life am I ready to expand?

Final Thoughts

The Solstice is a celebration of your becoming. As light touches every corner of the Earth, it reminds us to illuminate the hidden places within ourselves—to shed fear, shame, or stagnation, and step boldly into our next chapter. Whether you spend the day in silent reflection or in ritual celebration, know this: The Light is within you, and now is your time to shine.

Wishing you a Solstice full of light, love, and luminous breakthroughs.

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Archangel Zadkiel

Archangel of Mercy

As the days stretch longer and the light of summer approaches, June invites us into a sacred time of cleansing, forgiveness, and inner liberation. Archangel Zadkiel, known as the Angel of Mercy and Transformation, is especially close during this season of spiritual release. His violet flame of transmutation offers a path to healing through forgiveness, emotional alchemy, and the remembrance of your soul's divine truth.

Zadkiel assists in clearing the weight of old wounds, regrets, and patterns that no longer serve. With his compassionate presence, we are gently guided to let go, forgive deeply, and return to a state of spiritual alignment. He helps us recognize that through every challenge lies the opportunity to grow wiser, lighter, and more attuned to our highest path.

This month, allow Zadkiel's energy to wash over you like a violet wave of healing and clarity. Whether you are releasing the past, deepening your spiritual practice, or calling back fragmented parts of your soul, Zadkiel serves as a divine companion—wise, merciful, and unwaveringly devoted to your inner freedom.

Attributes and Symbolism of Archangel Zadkiel

Divine Forgiveness:
Zadkiel is the archangel of forgiveness, encouraging you to release resentment, guilt, and self-blame. He helps restore compassion where judgment once lived and brings peace to wounded hearts.

Emotional Alchemy:
Known as the "alchemist of heaven," Zadkiel aids in transforming painful experiences into soul wisdom. His energy supports emotional transmutation—turning grief, anger, or fear into light, love, and higher understanding.

Memory and Soul Wisdom:
Zadkiel enhances your ability to remember who you truly are on a soul level. He assists with past life recall, soul integration, and the remembrance of spiritual truths you may have forgotten.

Spiritual Awakening:
He is a powerful ally during times of awakening and transition, helping you to clear blocks, expand your consciousness, and align with your soul's divine purpose.

Mercy and Compassion:
Zadkiel radiates divine mercy, offering a compassionate lens through which to view yourself and others. He teaches that mercy is not weakness, but a powerful force of unconditional love.

Violet Flame:
Zadkiel is deeply connected to the Violet Flame, a powerful spiritual tool for clearing, healing, and protection. Working with this flame helps dissolve negativity and cleanse the aura.

Symbols Associated with Zadkiel:

Violet or Purple Light: Symbolizing transmutation, healing, and spiritual purity. Envisioning this light can help connect with Zadkiel's energy during meditation.

Flame or Torch: The flame represents spiritual purification and transformation through light and divine will.

Amethyst Crystal: Resonating with Zadkiel's frequency, amethyst promotes clarity, forgiveness, and higher connection.

Feather or Scroll: Symbolic of soul wisdom, divine memory, and sacred learning, often seen in connection with Zadkiel's guidance.

Open Book: Represents the Akashic Records and your soul's eternal wisdom, which Zadkiel helps you access and understand.

Wings in Motion: Zadkiel is sometimes visualized with wide, flowing wings of violet and gold, indicating movement, change, and upliftment of the spirit.

The Violet Flame Within

Noah hadn't set foot in a church, temple, or sacred space in over a decade. Life had weathered him—bruised his spirit with loss, betrayal, and the silent ache of carrying guilt too heavy to speak aloud. He wandered through his days with a shell around his heart, convinced that redemption was for others, not for men like him.

One evening, overwhelmed after a conversation with his estranged brother, Noah sat alone in his apartment with only the hum of the refrigerator and the ticking of a wall clock to keep him company. He pressed his palms into his face and whispered, "I don't know how to let go… I want to forgive. I just don't know how."

In the silence that followed, something stirred—not outside of him, but within. A warmth rose through his chest like a gentle current. As his eyes closed, he saw a vision behind his eyelids: a radiant figure cloaked in violet light, with eyes like deep galaxies and wings that shimmered in hues of amethyst and gold.

"You are not the wound," the being said, voice deep and tender, "You are the healer."

Noah didn't know who this figure was, but a name echoed into his thoughts: Zadkiel.

From that night forward, strange synchronicities began to unfold. A book on forgiveness appeared in a thrift store window. A stranger shared a story that mirrored his own. Each time he felt the weight of his guilt return, he would feel a gentle heat on the back of his neck—comforting, protective.

One night in meditation, Zadkiel returned. This time, the angel offered a vision: a garden overgrown with weeds and thorns. "This is your heart," Zadkiel said, "burdened by what you haven't forgiven—yourself, and others. But look closer."

Beneath the weeds, vibrant blossoms stirred. "Forgiveness," Zadkiel explained, "is not forgetting. It's remembering who you are despite the pain. It is light in motion."

Noah wept. Not from sadness, but from a soft, aching release.

Over the months, he began to change. He reached out to his brother with trembling hands and words that had waited years to be spoken. He volunteered at a center for at-risk youth, where he shared stories of grace, growth, and the presence of an unseen guide who had walked him through fire.

Each morning, he lit a violet candle by his window, whispering a prayer to the angel who had never left him, even when he had left himself.

Moral:
Through the mercy of Archangel Zadkiel, Noah learned that forgiveness is not a weakness—it is a spiritual alchemy, a fire that transforms wounds into wisdom. And in embracing that truth, he discovered the light he thought he had lost forever was within him all along.

How to Connect with Archangel Zadkiel

1. **Create a Sacred Space**
   Set the intention to call in Zadkiel's presence by creating a peaceful, energetically clear space:

   Light a violet or purple candle (Zadkiel's sacred color).
   Burn lavender, frankincense, or sandalwood incense.
   Have amethyst or charoite crystals nearby.
   Place symbols of transformation like feathers, sacred geometry, or a chalice.

2. **Invocation Prayer to Zadkiel**
   Speak this aloud or silently with heartfelt intention:

   Beloved Archangel Zadkiel, Angel of Mercy and Transformation,
   I invite your presence into my heart and life.
   Wrap me in your violet flame of transmutation.
   Help me release the weight of past wounds and step into forgiveness—of myself and others.
   Guide me to remember who I am at a soul level.
   Thank you for helping me awaken, align, and embody my highest truth.
   I welcome your mercy, your wisdom, and your loving light. Amen.

3. Violet Flame Meditation

Zadkiel works closely with the Violet Flame, a powerful spiritual energy that purifies lower vibrations. Try this:

Sit comfortably and close your eyes.
Visualize a brilliant violet fire surrounding your body.
Imagine this flame burning away guilt, pain, resentment, or fear—turning them into light.
Say silently: “I am cleansed, I am forgiven, I am free.”
Sit in silence and feel the shift.

4. Affirmations for Zadkiel Connection

Repeat these affirmations daily:

“I welcome the healing light of Zadkiel into my life.”
“I forgive and release all that no longer serves me.”
“With every breath, I transmute pain into peace.”
“I remember who I truly am—a soul of light and love.”

5. Signs Zadkiel Is Near

Watch for subtle signs of his presence:

Seeing purple flashes of light in meditation
Sudden feelings of peace, clarity, or emotional release
Finding feathers, especially violet or white
Dreams involving transformation, alchemy, or forgiveness
Feeling warmth around your shoulders or back (often where angels are said to connect)

6. Journal with Zadkiel

Try automatic or intuitive writing. Ask:

“What in my life am I being called to forgive?”
“What soul lesson is this pain trying to teach me?”
“How can I embody more mercy and light in my journey?”

Write whatever flows—Zadkiel often speaks through thoughts, symbols, and soft inner nudges.

7. Daily Practice of Mercy

Since Zadkiel is the angel of mercy, you deepen your bond by practicing it:

Offer kindness where it’s least expected
Forgive someone silently in your heart
Release a judgment you’ve been holding
Treat yourself with gentleness and compassion

Thank you for journeying with me into the sacred presence of Archangel Zadkiel. May his purifying light continue to uplift and guide you, helping you release what no longer serves you and step boldly into a life of spiritual freedom, grace, and inner peace.

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Current Events in Gemini and Cancer

An Astrological Overview

June 2025 invites us to balance the airy stimulation of Gemini with the emotional depth and nurturing sensitivity of Cancer. As we move from mental curiosity to heartfelt connection, the cosmos encourages us to integrate logic with intuition and find harmony between thinking and feeling. This is a month for honest communication, gentle healing, and aligning with your evolving emotional truth.

We begin the month under the influence of the Sun in Gemini, lighting up communication, travel, learning, and social engagement. Curiosity peaks and mental energy runs high, inviting us to stay open, adaptable, and expressive. Conversations can be revealing, and new ideas are abundant. This is a great time for writing, teaching, sharing, and networking.

On June 6, a potent Full Moon in Sagittarius brings a wave of expansion and truth-seeking. This lunation encourages us to release limiting beliefs, speak our truth, and set our sights on a broader vision for our lives. The desire for freedom, travel, and meaning runs strong.

Mars enters Leo on June 9, adding fire, passion, and courage to our actions. This transit enhances self-expression, creativity, and the willingness to be seen. Projects gain momentum, and confidence increases—especially in areas related to performance, leadership, and love.

Mercury enters Cancer on June 10, softening our mental energy and bringing intuitive understanding into communication. This is a good time to reflect inward, speak from the heart, and reconnect with emotional truths. Messages from family, ancestors, and the inner child are strong under this influence.

The New Moon in Gemini on June 21, just one day after the Summer Solstice and the Sun's entry into Cancer, marks a powerful new beginning. This is a moment to plant seeds related to communication, emotional intelligence, and personal truth. With both the solar and lunar energies shifting, we are invited to reset, realign, and find emotional safety in expression.

As Saturn stations retrograde in Aries on June 30, we begin a slow review of how we are asserting ourselves, taking leadership, and setting personal boundaries. It's a time for inner restructuring and reevaluating how we show up in the world with strength and integrity.

Secrets of Healing offers Online Astrological Counseling. To schedule an appointment or get more information please contact Teri Martell or to learn more click here.

Themes for All Zodiac Signs

♊ Gemini – Self-Discovery & Clear Communication
This is your season, Gemini! The Sun illuminates your path until June 21, helping you clarify your desires, refine your communication style, and realign your goals. The Full Moon in Sagittarius on June 6 may spotlight relationship patterns or the need for truth in partnerships. Use the New Moon in your sign on June 21 to reset personal intentions and embrace your evolving identity.

♋ Cancer – Emotional Clarity & New Foundations
Mercury entering your sign on June 10 helps you communicate your feelings more clearly, and the Sun's shift into Cancer on June 20 brings your personal solar new year. The New Moon on June 21 is especially powerful for setting intentions around home, healing, and emotional renewal. Saturn retrograde invites you to revisit your career path or leadership role.

♌ Leo – Inspired Action & Inner Renewal
Mars moves into your sign on June 9, giving you a burst of energy, charisma, and creative drive. Use this power wisely, especially in career or artistic projects. The Full Moon on June 6 may reveal where you're limiting your creative voice. The New Moon on June 21 supports releasing internal doubt and realigning with your joy.

♍ Virgo – Vision Planning & Private Reflection
This is a month to review your goals with fresh eyes. The Full Moon in Sagittarius may highlight family or home-life tension, prompting necessary conversations. Mercury in Cancer softens your usual analytical approach, allowing you to listen with greater empathy. The Solstice energy offers spiritual insight and inner peace.

♎ Libra – Truthful Expression & Soul-Level Friendships
You’re being invited to speak your truth more clearly and deepen authentic connections. The Sagittarius Full Moon may inspire meaningful conversations or travel. The Cancer New Moon on June 21 supports fresh intentions around career, visibility, and inner confidence. Look to how you can lead with both heart and diplomacy.

♏ Scorpio – Financial Growth & Emotional Transformation
The first half of June supports progress in finances and self-worth. The Full Moon in Sagittarius reveals where you're holding onto scarcity thinking or outdated self-beliefs. Mercury in Cancer can deepen your intuition and spiritual communication. The New Moon on June 21 supports long-term financial goals and soulful expansion.

♐ Sagittarius – Personal Truth & Relationship Insight
The Full Moon in your sign on June 6 places your emotions front and center. You may feel a surge of passion, truth-telling, or longing for freedom. Relationships could shift as a result. The Solstice and New Moon support new intentions around emotional balance, commitment, and how you show up in intimate connections.

♑ Capricorn – Restoring Balance & Health Focus
Work and wellness are highlighted this month. The Full Moon encourages you to release overwhelm or hidden stress. Mercury and the Sun in Cancer urge you to care for your emotional body as much as your physical one. Saturn retrograde at the month’s end asks you to reassess boundaries—especially in home, family, and your daily habits.

♒ Aquarius – Creative Expansion & Reclaiming Joy
You're being called to reconnect with pleasure and presence. The Full Moon in Sagittarius may bring breakthroughs in friendships or group settings. Mars in Leo sparks romantic passion or artistic fire. The New Moon in Cancer is ideal for realigning your wellness routines and personal rituals with your heart's truth.

♓ Pisces – Soul Healing & Sacred Space
The Full Moon illuminates your public life—how you're seen by others versus how you feel within. Take time to realign. Mercury in Cancer helps you express your dreams more clearly, especially in writing or creative work. The New Moon and Solstice energy encourage emotional security and deeper self-nurturing.

♈ Aries – Self-Mastery & Purposeful Pause
Mars in Leo supports bold action, but Saturn's retrograde in your sign at the end of June asks you to slow down and reflect on your responsibilities. The Sagittarius Full Moon helps release limiting beliefs or outgrown roles. Use the New Moon energy to restructure your personal goals with maturity and heart.

♉ Taurus – Grounded Wisdom & Spiritual Communication
June invites deeper listening—to yourself, your intuition, and your higher guidance. The Full Moon encourages philosophical or spiritual breakthroughs. Mercury and the New Moon offer new ways to express yourself authentically, especially around your values and emotional truth.

Key Planetary Movements – June 2025

Sun in Gemini (until June 20)
What It Brings:
- Mental stimulation and social energy
- Curiosity, learning, and self-expression
- Multitasking and flexibility

How to Navigate:
- Focus on intellectual growth
- Stay open to new perspectives
- Avoid information overload by grounding daily

Sun in Cancer (begins June 20 – Summer Solstice)
What It Brings:
- Emotional sensitivity and family focus
- Nurturing energy and intuitive awareness
- Desire for comfort, security, and deeper connection

How to Navigate:
- Prioritize emotional self-care
- Create sacred space at home
- Reconnect with your inner child

Full Moon in Sagittarius – June 6

What It Brings:

- Expansion, truth, and emotional release
- A call to release limiting beliefs
- Illumination around freedom, travel, and higher wisdom

How to Navigate:

- Reflect on your personal truth
- Let go of outdated worldviews
- Embrace growth through change

New Moon in Gemini – June 21

What It Brings:

- Fresh mental clarity and communication breakthroughs
- New ideas, connections, or writing projects
- An invitation to start anew with your voice and vision

How to Navigate:

- Set intentions around learning, speaking, or teaching
- Practice open dialogue
- Embrace both logic and intuition

Mars Enters Leo – June 9

What It Brings:

- Passion, confidence, and creative drive
- Leadership and bold self-expression
- Increased physical energy and desire for visibility

How to Navigate:

- Follow creative impulses
- Express yourself with courage
- Channel energy into inspired action

Mercury Enters Cancer – June 10

What It Brings:

- Emotional intelligence in communication
- Heartfelt conversations and inner reflection
- Increased sensitivity to others' needs

How to Navigate:

- Speak from the heart
- Listen with empathy
- Take time to process emotions before reacting

Saturn Stations Retrograde in Aries – June 30

What It Brings:

- A slow review of personal discipline and boundaries
- Reflection on leadership, independence, and assertiveness
- Opportunity to restructure goals with greater wisdom

How to Navigate:

- Reassess long-term commitments
- Take responsibility for your actions
- Redefine success on your own terms

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